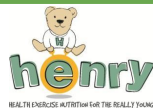


Courses



HENRY Course

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. The next HENRY course will run at Prudhoe Children's Centre from April 2018. Please speak to Gemma, Rita or Vicki for more information

First Aid Awareness Course (Babies and Young Children)

Monday 26th March 12.45 - 2.45pm

£5 charge per person payable when booking



SEND Workshop

Wednesday 10th January 9.30 - 11.30am

This workshop is being delivered by CONTACT and is aimed at helping families navigate the system of support for children with special educational needs and disability (SEND) in schools. Please book at reception

Bookstart 'Let's Move'

4 week course starting

Monday 29th January 10.00 - 11.00am

(no session during half term)

Music, movement and rhymes!

Please ring for more information or to book

'Stepping Up'

6 week course starting April 2018

This is a pre-employability workshop offering assistance with CV writing, job interviews, training etc

Creche is available

Please ring to register your interest

2 & 3 year entitlement

Please speak to a member of staff about two & three year old childcare entitlement

www.northumberland.gov.uk/freechildcare

Food Bank

The food bank is available to families who are financially struggling. Contact the Children's Centre for more details



Early Help Family Workers

When your child needs extra support, we want to find the best way forward as soon as possible

Please speak to our team members, if you would like any support and guidance.

baby buddy



Baby buddy is the award winning mobile app for parents to be and new parents

Parent Champions

Empowering Parents and Carers

We are looking for local parents to work with us as volunteers to promote our services. You will receive training and support and be reimbursed expenses.

You must have a good understanding of confidentiality and be able to commit to at least 2 hours per week

Please contact Gemma for more information

SureStart
CHILDREN'S CENTRES
west northumberland

What's On Guide January - April 2018

For families living in the
Prudhoe /Ponteland area



Prudhoe Children's Centre,
Broomhouse Lane, Prudhoe, Northumberland,
NE42 5FT

01661 839350



www.westchildrenscentres.org.uk
prudhoechildrenscentre@northumberland.gov.uk

Prudhoe Childrens Centre Parents Group

Opening Hours

Monday- Thursday 9:00am to 5:00pm
Friday- 9:00am to 4:30pm
Closed on Bank Holidays and Weekends

NORTHUMBERLAND
Northumberland County Council

Baby Groups and activities

Birth and Beyond

Mondays 9.30 - 11.30 am

A three week antenatal course run by the Midwife and Health Visitor. Ring to book

Birth Registrar

Tuesdays 2.00 - 4.00pm

at Hexham Children's Centre NE46 1JD

No need to book, just turn up. Register your new baby and receive your free gift, along with finding out about all activities at Children's Centres across the West of Northumberland

Baby Massage (by invitation only)

Tuesdays 10.00 - 11.00am

A four week course run by your Community Nursery Nurse

What's Weaning Session (by invitation only)

Thursdays 1.00 - 2.00pm

A one week session for babies 3 months+

Little Treasures (by invitation only)

Thursdays, 10.30 to 11.00am

You will receive an invitation to this 5 week course which takes place just before Learning Together Through Play for Babies enabling you to join the group once you have completed the course

Twins Group

Wednesdays 9.30 - 11.00am every fortnight

For families of twins and multiple births

No need to book. Please contact the Centre for the date of the next session

Sensory Room

We have a fully equipped Sensory Room available for parents, carers and professionals to book

Call 01661 839350 to book a 30min slot



Learning Together Through Play (LTTP)

Learning Together Through Play (LTTP) sessions are weekly sessions open to families living in the area. Come and join us for a fun session with activities planned for you to do with your children. Encourage your creative side with fun ideas to do with your child at home. Dress for messy play. We have a range of sessions on offer to suit your family.....

LTTP for 0-5 years

Tuesdays, 1.15—2.30 pm

at Little Tinklers Nursery, Ponteland NE20 9QB

LTTP for 0-5 years

Wednesdays, 1.30—3.00pm

Prudhoe Children's Centre

LTTP for Babies

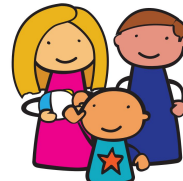
Tuesdays, 10.15 am - 11.30 am

at Little Tinklers Nursery, Ponteland NE20 9QB

LTTP for Babies

Thursdays, 11.00 am —12.00 noon

Prudhoe Children's Centre



Little Gems

(for children with developmental delay, additional needs and disabilities)

Thursday afternoons 1.30 - 2.30pm

This group is generally a smaller group where Early Years Practitioners are on hand to facilitate play activities to suit your child's needs. Our staff are trained in the use of sensory equipment, Makaton, Speech and Language strategies and more.

Please contact us to see what we can offer

Parties and Events

Family Keepsake

Make an appointment with Vicki or Rita to make a keepsake with your child/children. It only takes 15 minutes and we can fit around your commitments by offering sessions convenient to you



Messy Play

Friday 2nd March - sessions available between 1.30 and 4.15pm

Join us for Messy Play - ring to book a slot

Dads and Dumplings

Saturday 3rd March 10.00 am to 12.00 noon
Join us to make a special gift for Mother's Day
No need to book

Easter Party

Saturday 24th March
10.00am - 12.00noon

£1 per child, book at reception
Join us for fancy dress, games,
Egg Hunt and messy play.
Meet the Easter Bunny!



Cooking session

Friday 27th April - 12.30 (to be confirmed)
Please contact the Centre for more information and to register your interest.